

Dr. Omar Tillo

MD, MS, EBOPRAS, FRCS (Plast)



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Omar Tillo

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<https://www.facebook.com/Dr.Tillo>



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<https://www.instagram.com/omar.tillo/>



Twitter:
<https://twitter.com/DrOmarTillo>



LinkedIn:
<https://www.linkedin.com/in/omartillo/>



Hospitals and Clinics:

9 Harley Street, London
Weymouth Street Hospital, London
Harley Street Specialist Hospital, London
Centre For Surgery, 106 Crawford Street, London
Zenith Cosmetic Clinics, Nottingham

Vision, Mission and Values



“I believe that every patient is unique and their treatment should be, too. I strongly oppose the concept of one-size-fits-all”

Dr Tillo and his team believe that delivering quality plastic surgery is like producing bespoke art. Every single procedure has many variables that must be adjusted and fine-tuned to accommodate the needs of each patient.

Our vision:

Body confidence and image satisfaction.

Our mission:

Empowering people with knowledge to make the right choices when it comes to cosmetic surgery.

Our core values:

- **Diversity and equality:** we believe in each individual's uniqueness and admire cultural and physical diversity.
- **Clarity:** we aim to provide clear information to help patients make the right choices.
- **Transparency:** we pride ourselves on being honest and transparent in our actions and communications.

Membership

**General
Medical
Council**

General Medical Council
Plastic Surgery Specialty Registration



**Royal College
of Surgeons**
ADVANCING SURGICAL CARE

The Royal Collage of Surgeon
Fellowship Plastic Surgery (FRCS Plast)



UKAAPS

UK ASSOCIATION
OF AESTHETIC
PLASTIC SURGEONS

**The UK Association of Aesthetic
Plastic Surgeon (UKAAPS)**



ISAPS

International Society of
Aesthetic Plastic Surgery

**The International Society of Aesthetic Plastic
Surgery (ISAPS)**

BMA



The British Medical Association (BMA)

Qualifications

Degrees:

- FRCS Plastic Surgery, Royal Collage of Surgeons, London
- Plastic Surgery Intercollegiate Specialty Board Examination, Joint Committee on Intercollegiate Examinations, United Kingdom
- European Board of Plastic, Reconstruction and Aesthetic Surgery (EBOPRAS)
- MD (by thesis), The University of Hull
- Master in Surgery (MS), 2002
- MD License of Doctor in Medicine, Damascus University, 1997

Advanced Courses and Certificates:

- Composite Breast Augmentation, Paris, 2019
- High Definition Liposuction Master Class, Barcelona, 2019
- System training on FaceTite, InMode Aesthetic Solutions, 2019
- Good Clinical Practice, National Institute for Health Research, 2018
- Breast Reconstruction Master Class, The Royal Marsden Hospital, London, 2018
- Chest Wall Reconstruction using 3D Custom-made Implants for Pectus Excavatum and Poland Syndrome, Toulouse, France 2017
- Mentor Breast Augmentation Master Class, Wokingham, 2016
- Visiting Fellowship, Department of Plastic Surgery, Brussels University Hospital, 2015
- BAPRAS Advanced Educational Course on Breast Surgery, Manchester, 2013
- Breast Surgery Masterclass With Polyurethane Breast Implants, Leeds, 2012
- Septum-based Mammoplasty, Milan, Italy, 2012
- Training The Trainers, Edinburgh, 2010
- Microsurgical Workshop, Northwick Park Hospital, 2006
- Breast Surgery, Manchester, 2006

Experience

Current: Consultant Reconstructive and Aesthetic Plastic Surgeon

- Centre For Surgery:

106 Crawford Street, London, W1H 2HY

Unit 2 Colne Way Court, Watford, WD24 7NE

- Phoenix Hospital Group:

9 Harley Street, Marylebone, London W1G 9QY

Weymouth Street Hospital, 42 Weymouth Street, London

- Harley Street Specialist Hospital:

18-22 Queen Anne Street, Marylebone, London W1G 8HA

- Zenith Cosmetic Clinics:

6 Clinton Terrace, Derby Road, Nottingham NG7 1LY

Previous:

- **Consultant Plastic and Reconstructive Surgeon NHS**

Bedford Hospital, Bedford

Birmingham City Hospital, Birmingham

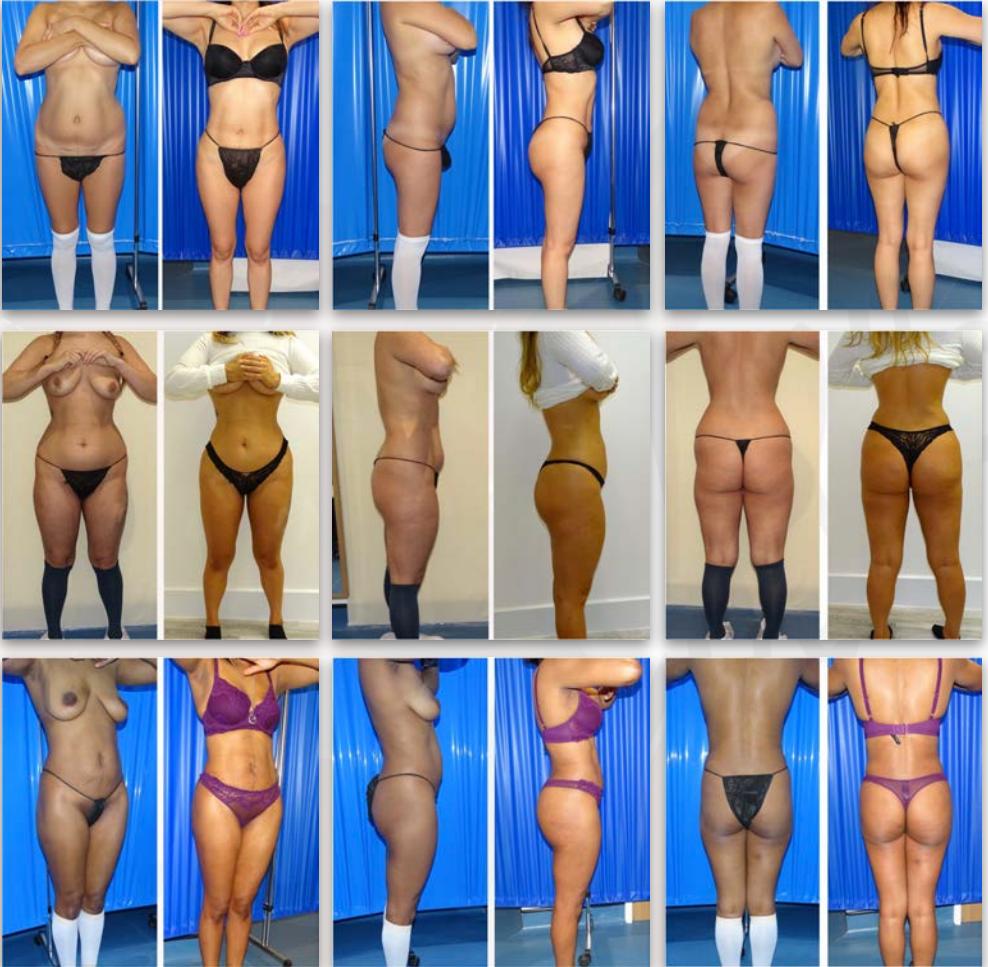
- **Advanced Fellowships:**

Breast Reconstruction, Birmingham City Hospital

Hand Surgery, Birmingham Children's Hospital NHS

Melanoma and Skin Cancer Research Fellow (MD Degree)

Brazilian Butt Lift (BBL)



Anaesthetic: General or deep sedation Duration: 4 hours
Hospital Stay: Day-case Garment: 6 weeks
Pain level: With painkillers 2-3/10 without painkillers 8-9/10
Recovery: - Light activities: 1 weeks
 - Driving: 2 weeks
 - Physical activities: 2-4 weeks

Abdominoplasty (Tummy Tuck)



Anaesthetic: General or deep sedation Duration: 3-5 hours
Hospital Stay: 0-1 Night Garment: 6 weeks
Pain level: With painkillers 2-4/10 without painkillers 8-9/10
Recovery: - Light activities: 1-2 weeks
 - Driving: 2-3 weeks
 - Physical activities: 6-8 weeks

Breast Implants (Augmentation)



Anaesthetic: General or deep sedation Duration: 2 hours
Hospital Stay: Day-case Garment: 6 weeks
Pain level: With painkillers 1-2/10 without painkillers 6-8/10
Recovery: - Light activities: 1 weeks
 - Driving: 1-2 weeks
 - Physical activities: 4-6 weeks

Labiaplasty



Anaesthetic: Local +/- sedation Duration: 1-2 hours
Hospital Stay: Day-case
Pain level: With painkillers 1-2/10 without painkillers 6-8/10
Recovery: - Light activities: 1 weeks
 - Driving: 2 weeks
 - Physical activities: 2-4 weeks

Areola Reduction



Anaesthetic: Local +/- sedation Duration: 2 hours
Hospital Stay: Day-case
Pain level: With painkillers 1-2/10 without painkillers 5-6/10
Recovery: - Light activities: 1 weeks
 - Driving: 2 weeks
 - Physical activities: 2-4 weeks

Umbilicoplasty



Anaesthetic: Local +/- sedation Duration: 1-2 hours
Hospital Stay: Day-case
Pain level: With painkillers 1-2/10 without painkillers 5-6/10
Recovery: - Light activities: 1 weeks
 - Driving: 1 weeks
 - Physical activities: 2-6 weeks

Calf Augmentation



Anaesthetic: General or deep sedation
Length of surgery: 2 hours Hospital Stay: Day-case
Pain level: With painkillers 2-3/10 without painkillers 8-9/10
Recovery: - Light activities: 2-3 weeks
 - Driving: 2-3 weeks
 - Physical activities: 3-4 weeks

Gynaecomastia (Male Breast)



Anaesthetic: General or Local Duration: 2-4 hours
Hospital Stay: Day-case Garment: 6 weeks
Pain level: With painkillers 1-2/10 without painkillers 6-8/10
Recovery: - Light activities: 1 weeks
- Driving: 2 weeks
- Physical activities: 2-4 weeks

Arm Lift (Brachioplasty)



Anaesthetic: General or Deep Sedation
Length of surgery: 3-4 hours Hospital Stay: Day-case
Pain level: With painkillers 1-2/10 without painkillers 6-8/10
Recovery: - Light activities: 2 weeks
 - Driving: 2-3 weeks
 - Physical activities: 2-4 weeks

Thigh Lift



Anaesthetic: General or Deep Sedation
Length of surgery: 3-4 hours Hospital Stay: Day-case
Pain level: With painkillers 1-2/10 without painkillers 6-8/10
Recovery: - Light activities: 2 weeks
 - Driving: 2-3 weeks
 - Physical activities: 3-6 weeks

Patients' Reviews

Jodie 27 Feb 2020 Realself - DR Omar Tillo is Amazing!

"Dr. Omar Tillo is amazing! I had breast augmentation in June last year and as soon as I met him on my consultation day he made me feel so comfortable and was so thorough. I had no question left unanswered. On the day of surgery I was so nervous and he was just so calming and made me feel at ease. Everything went so smoothly! His team were also extremely professional, phoning me every day after the procedure to check in and make sure I was well. I am so happy with the results and cannot recommend Dr. Tillo enough. The best thing I ever did!!!"

VMAWalker 19 Jan 2020 Realself - Excellent Experience, Kind and Conscientious Surgeon and Excellent Results - Very Happy!

"I am very grateful to have had Omar Tillo as my surgeon. He has been very kind and conscientious, taking time to explain the procedure to me in detail, answering all my questions and making me feel at ease in our initial consultations, on the day of the surgery and throughout the procedure. The results of my surgery have been excellent, I have received great after care and feel I can reach out to Omar directly if I have any questions or concerns. My experience has been excellent and I am very happy with the results."

MG Ferrero Dec 2019 Google

"I have had my BA done with Mr Tillo last January. After visiting other surgeons, there was not doubt about him. He has been very honest from the beginning, and gave me options having the shape of my body in mind. Such a professional.... after 8 months, they look so natural. My friends back home couldn't tell I have had surgery. That says everything. I am in love with my new breast. It's just part of me. Definitely recommend him. Professional and a lovely person, what always helps!

M Little Dec 2019 Google

"I had a BA under Dr Tillo in July and have had no issues at all with a perfect recovery. I cannot recommend Omar enough he is a real professional who has a really down to earth approach whilst being honest throughout! Having never had surgery before alongside my nervous nature Omar and the team were incredibly patient with me making me feel at ease throughout the whole process. Highly recommended!! Thank you Omar :)"

E Gorova 15 Nov 2019 Realself - Otoplasty

"I recently received Otoplasty treatment from Dr Omar Tillo. I found the whole process very professional, friendly and above all genuine. I found Dr Tillo to not only be the most excellent surgeon that delivered exceptional results but to also be a very friendly and caring person. I was very nervous before the operation and was worried about having a big scar. Now 6 weeks post surgery I can say that my ears look natural and exactly how I wanted them to look. The scar on my right ear is hardly visible and has healed perfectly, the left ear is taking a bit longer to heal. I cannot recommend Dr Tillo highly enough.

Cool72861 11 Nov 2019 RealSelf - Brilliant Experience

"I recently had back lift surgery which was carried out by Dr Omar Tillo. I am so glad that I chose Dr Tillo as my surgeon, he showed professionalism from my very first consultation with him, he was extremely honest as to what I should expect from the outcome of the surgery. He has made me feel comfortable and relaxed every time I have seen him, he is extremely down to earth man. I am very happy with the results of my surgery and would not hesitate to recommend him. I had a wonderful experience from beginning to end."

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BECAUSE YOU'RE
UNIQUE

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